



• **The Natural History of Retroperitoneal-Abdominal-Pelvic
Ganglioneuromas:
An International Study By The Transatlantic Australasian
Retroperitoneal Sarcoma Working Group (TARPSWG)**

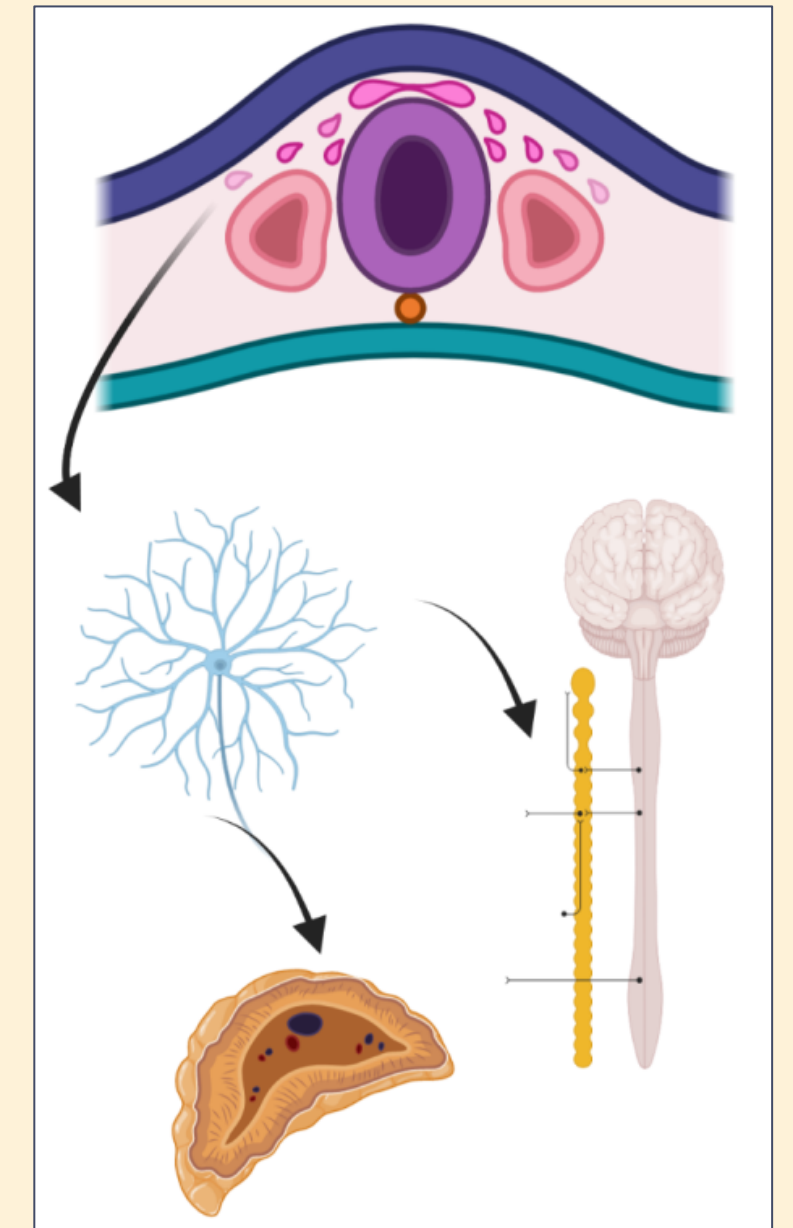
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No conflicts of interest to declare.

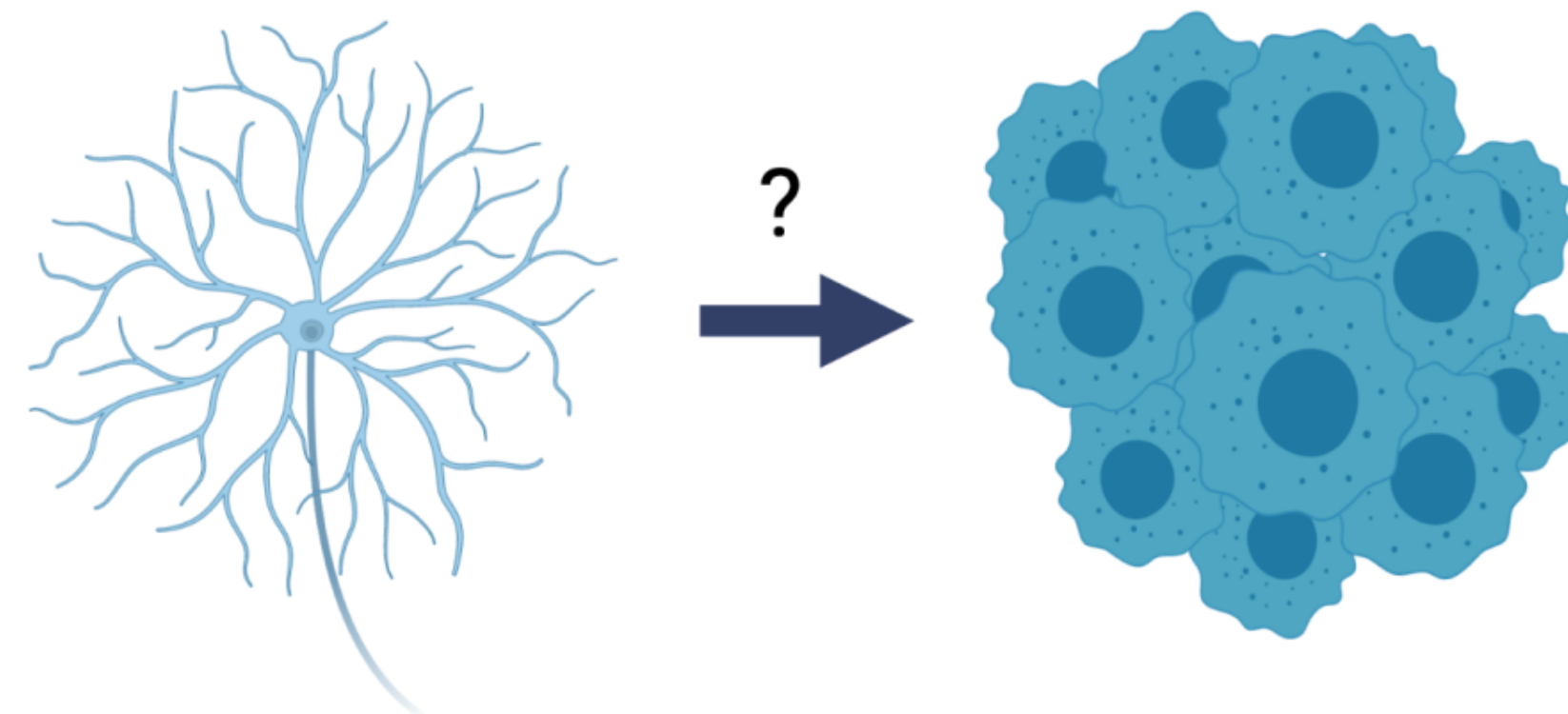
INTRODUCTION

- Ganglioneuromas (GN) are rare tumors derived from neural crest cells within the sympathetic plexus and adrenal glands
- Often discovered incidentally, or during work-up of non-specific symptoms caused by mass effect
- Occasionally occur in setting of hereditary syndromes (NF-1, MEN2)



INTRODUCTION

- Data on Retroperitoneal-Abdominal-Pelvic GN is limited to case reports and single-institution case series
- GN lack specific clinical symptoms/signs, laboratory findings, or diagnostic imaging characteristics
- Rates of malignant degeneration to neuroblastoma remain unclear



OBJECTIVE

- To conduct a retrospective, multi-institutional, multi-national study of the natural history and clinical management of ganglioneuroma.



GLOBAL COLLABORATION: 29 INSTITUTIONS ACROSS 5 CONTINENTS

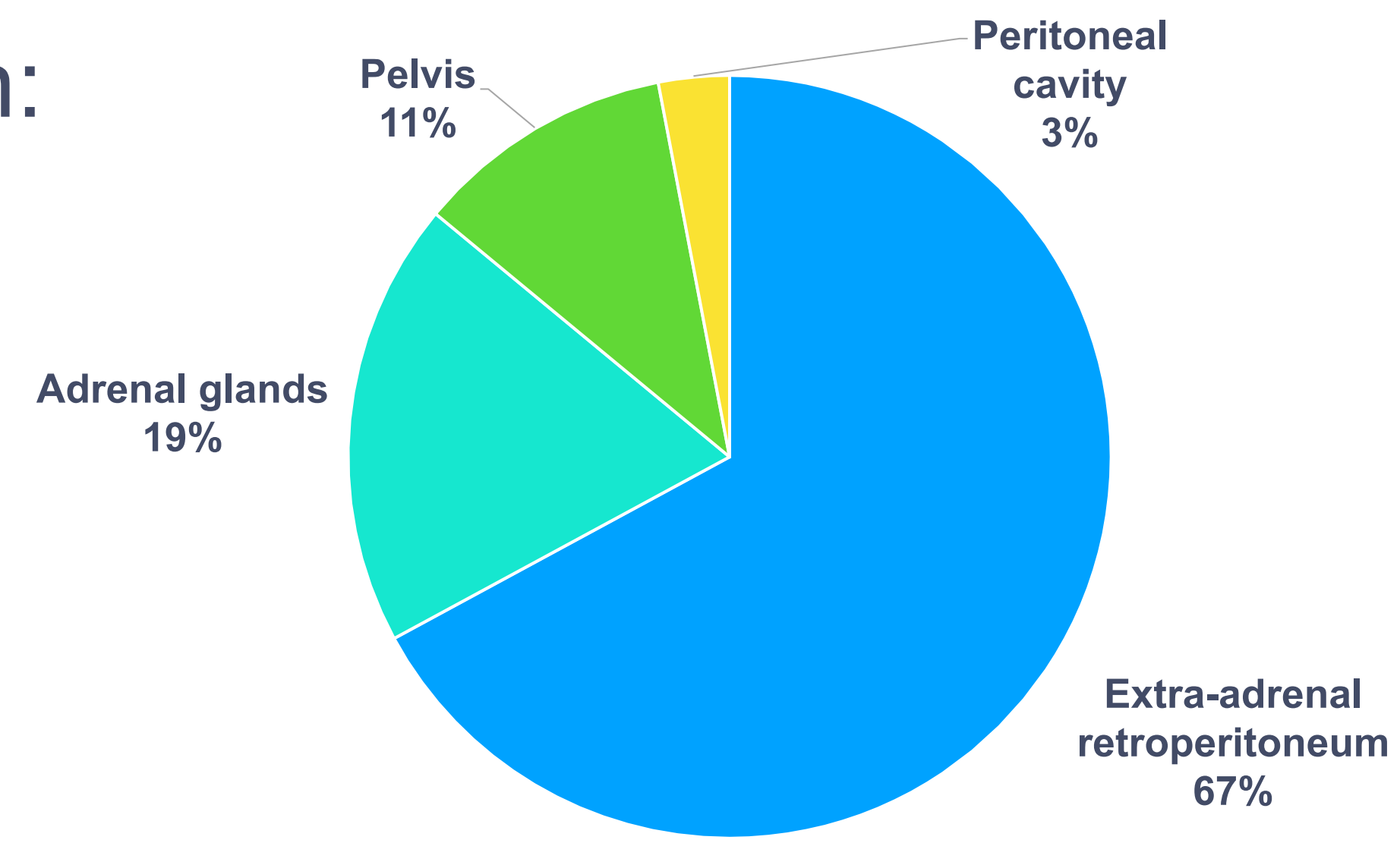
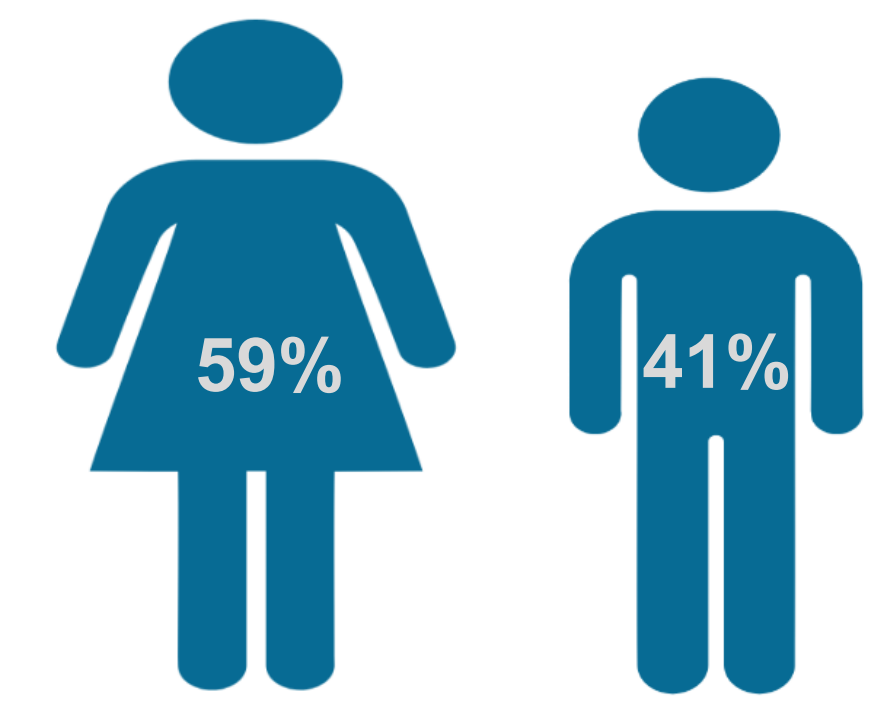
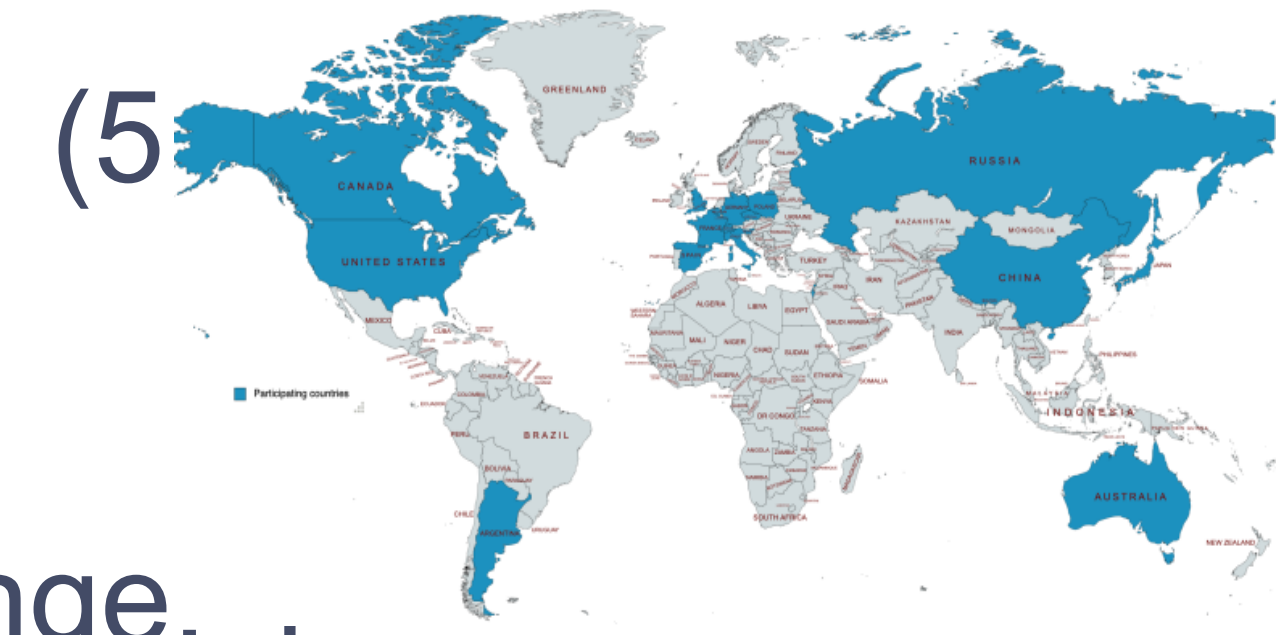


METHODS

- Following IRB approval, retrospective chart reviews of patient diagnosed with retroperitoneal, abdominal, and pelvic GN were performed
- January 2000 – January 2020
- All ages included
- Excluded head and neck, mediastinal, and GI tract tumors
- Examined patient demographics, clinicopathological features, imaging follow up, approaches to operative & non-operative management, and patient outcomes

PATIENT DEMOGRAPHICS

- 328 patients from 29 institutions (5 continents)
- Median age at diagnosis: 37 yo (range, 10 – 79 yo)
- Sex: 59% female, 41% male
- Location:



CLINICAL FEATURES

- Symptomatic presentation: 41%
- Vascular encasement: 17%
- Major nerve involvement: 8%
- Hereditary syndromes: 2.4%

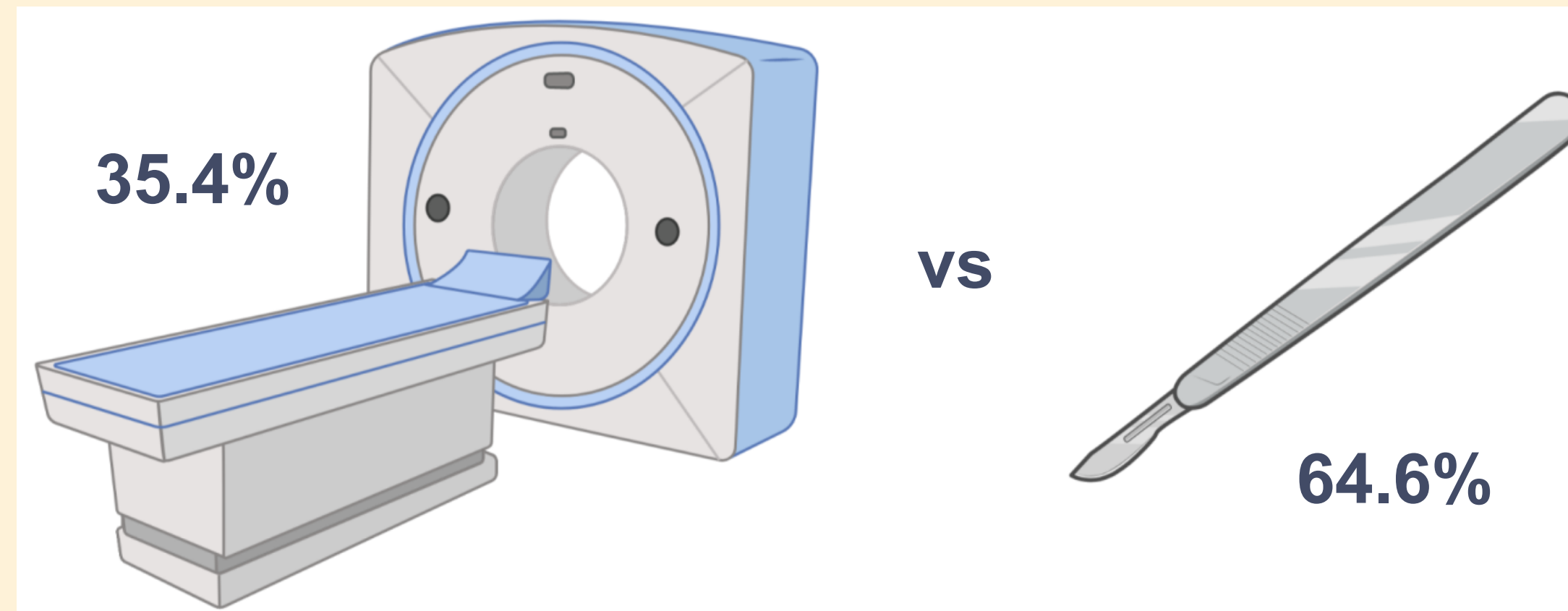
Neurofibromatosis-1 (N=6)

MEN 2A (N=1)

Schwannomatosis (N=1)



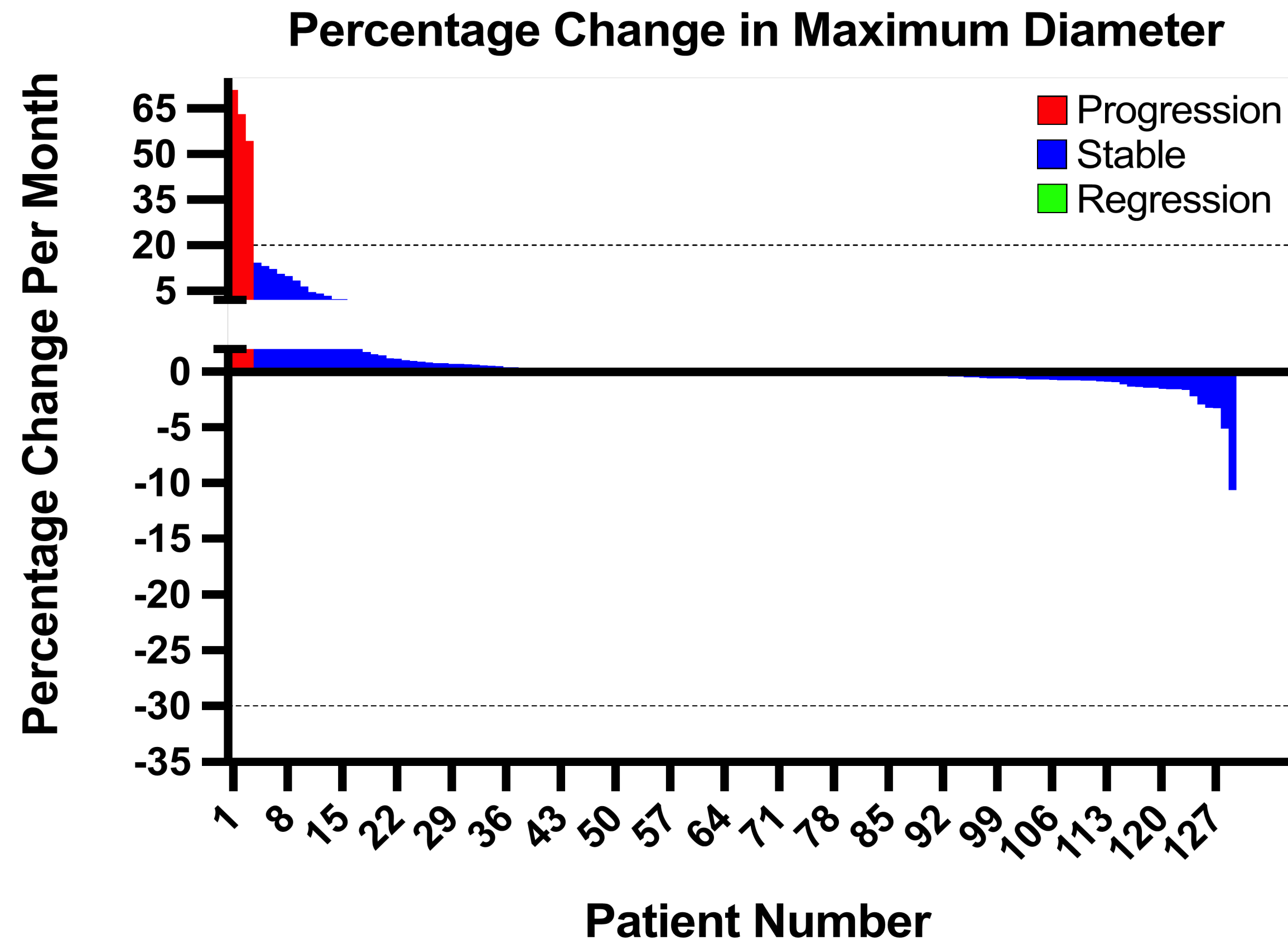
MANAGEMENT: NON-OPERATIVE VERSUS OPERATIVE



- Reasons for non-operative management:
 - Asymptomatic
 - Indolent nature of the lesion
 - Potential risks of resection
- Median follow-up of 1.9 years (IQR 0.8 – 4.2)

TUMOR SIZE AND SURVEILLANCE

Median Tumor Diameter	7.2 cm (IQR 5.0 – 9.9)
Vascular encasement	9.4 cm (IQR 7.2 – 12.0)



Progressive disease in 3 (2.3%)

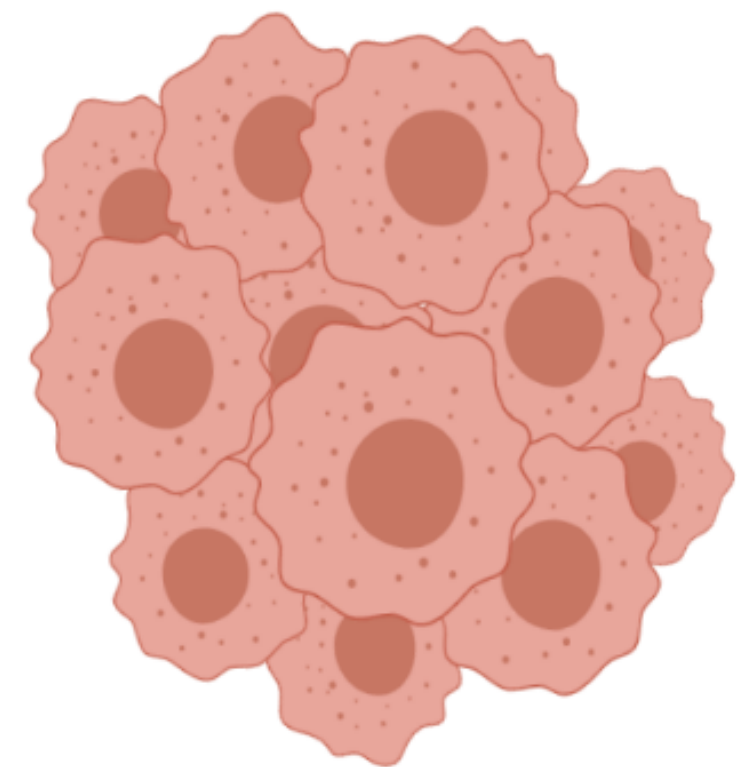
Stable disease in 126 (97.7%)

OPERATIVE MANAGEMENT

- Indications: Tumor growth, symptoms/mass effect, concerns for malignancy, and diagnostic uncertainty
- 64.6% underwent resection
 - 74.5% achieving R0/R1 resection
- 84% disease free at median follow-up of 3.0 years (IQR 1.0 – 5.5)
- Recurrences: 5 (2.4%) cases

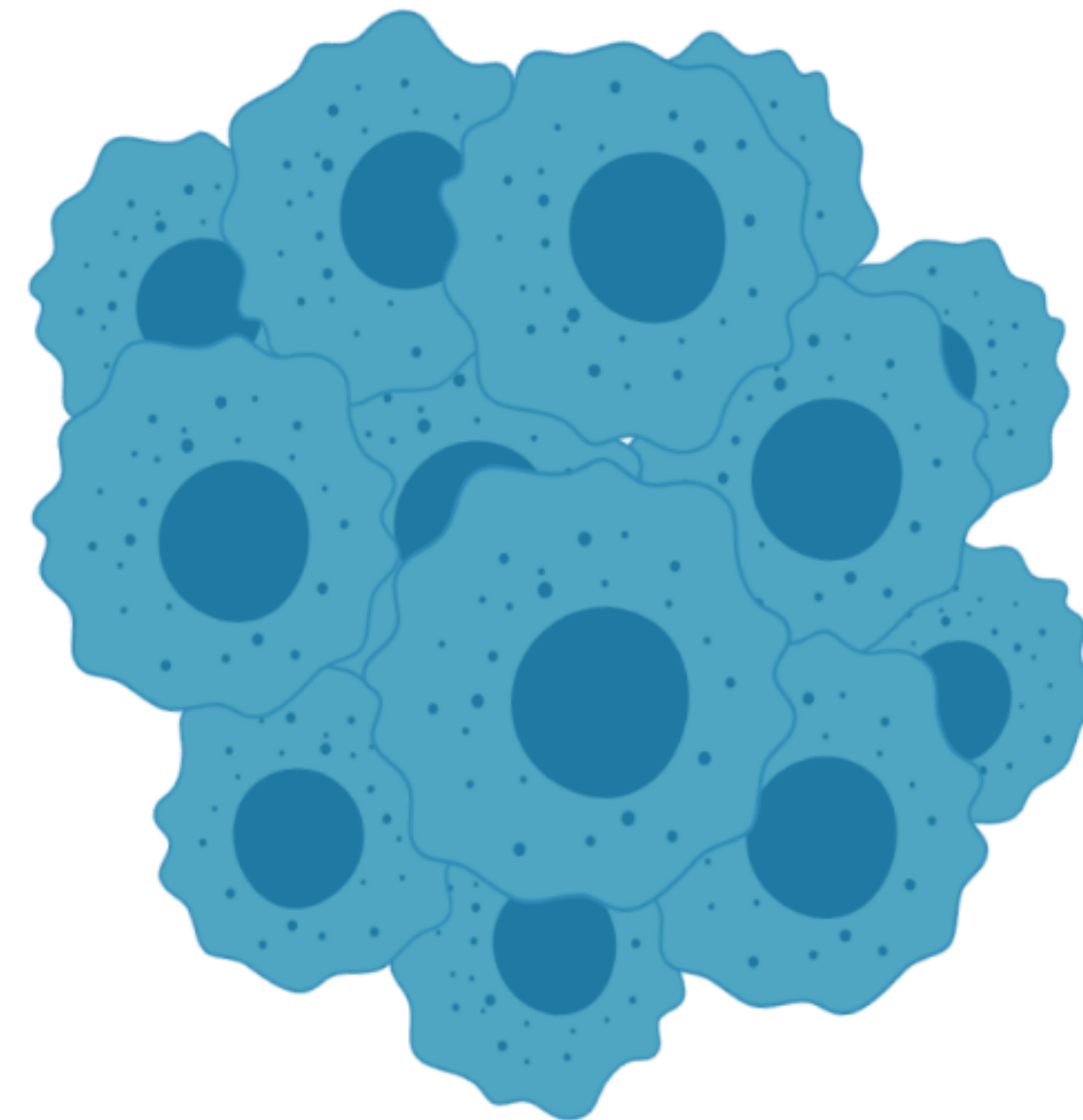
NEUROBLASTOMA TRANSFORMATION

Neuroblastoma transformation	3 (0.9%)
Neuroblastoma transformation age	9-11 yo



Ganglioneuroma

0.9%



Neuroblastoma

SUMMARY

- Most patients with ganglioneuroma present sporadically
- Less than half of patients present with symptoms
- Most GN have indolent disease courses and <1% transformed into neuroblastoma
- Non-operative management with serial imaging evaluations may be appropriate when the risks outweigh benefits of resection in confirmed benign or asymptomatic cases
- If technically feasible and safe, definitive operative management with R0/R1 resection may be recommended when tumors are symptomatic, growing or of uncertain biology

CONCLUSION

- Largest study of ganglioneuroma to date
- While retrospective in nature, we can utilize this data to learn about the natural history of this tumor type to help guide management decisions and to design future studies

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