

Universitätsklinik für Diabetologie,
Endokrinologie, Ernährungsmedizin
und Metabolismus

Nutritional Medicine Symposium 2023

Perioperative Nutrition and Metabolism



October 26, 2023
1.00 – 6.00 p.m.
in Bern
Live-Stream available

Dear Friends and Colleagues

It is our great pleasure to warmly welcome you to the 16th Bern Nutritional Medicine Meeting.

This year, we are delighted to discuss with you innovations, practical aspects and unmet need in the field of Perioperative Nutrition and Metabolism.

The meeting offers a great opportunity for physicians, dietitians, pharmacists, nutritionists, scientists, nurses, and everyone interested in the field to meet and exchange views and knowledge in an informal atmosphere, stimulate new collaborations and consolidate existing close partnerships.

We will be very happy to see you in Bern or online on Oct 26, 2023!

Prof Lia Bally
Head of Nutritional Medicine,
Metabolism and Obesity

Prof Zeno Stanga
Senior Physician Malnutrition

Prof Christoph Stettler
Head of Department
and Full Professor

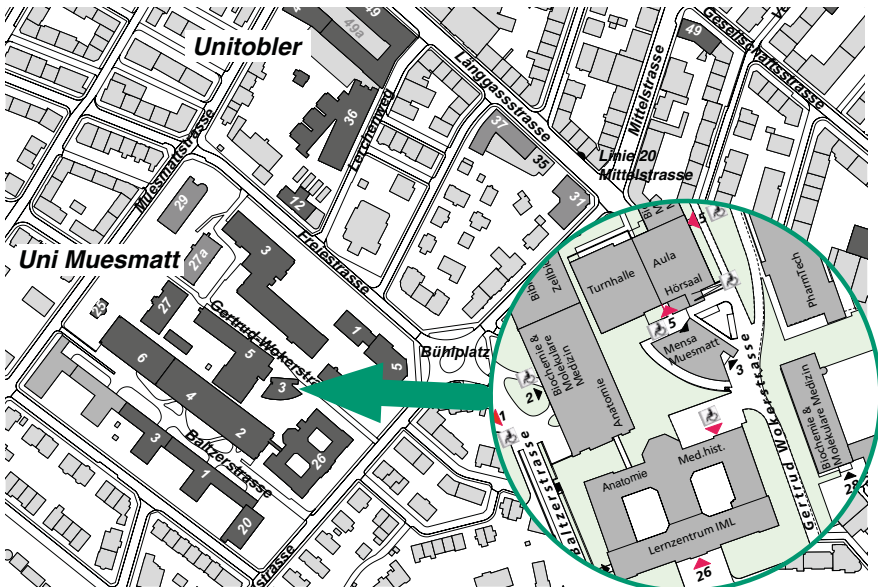
Registration and Costs

Register for on-site or online participation, FREE of charge before October 12, 2023.



Location

Uni Muesmatt, Hörsaal 220, Gertrud-Wokerstrasse 5, 3012 Bern






Programme





- 13.00–13.10 **Introduction**
Prof Lia Bally, Prof Zeno Stanga
Department of Diabetes, Endocrinology, Nutritional Medicine and Metabolism, Inselspital, Bern
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- 13.10–13.40 **Metabolic response to surgical stress**
Prof Jean-Charles Preiser
Université Libre de Bruxelles, Brussels
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- 13.40–14.10 **Perioperative diabetes optimisation**
Dr David Herzig, Dr Gabija Krutkyte
Department of Diabetes, Endocrinology, Nutritional Medicine and Metabolism, Inselspital, Bern
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- 14.10–14.40 **Pre-operative immunonutrition; current evidence and controversies**
Prof Arved Weimann
Klinikum St. Georg, Leipzig
-
- 14.40–15.10 **Prehabilitation to get fit before surgery**
Prof Patrick Wüthrich
Department of Anaesthesiology and Pain Medicine, Inselspital, Bern
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- 15.10–15.40 **Coffee break**
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- 15.40–16.10 **Perioperative fluid and electrolyte management**
Prof Dileep Lobo
Queen's Medical Centre, University of Nottingham
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- 16.10–16.40 **Perioperative dynamics of the gut microbiota**
Prof Guido Beldi
Department of Visceral Surgery and Medicine, Inselspital, Bern
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- 16.40–17.10 **Nutrition management in pancreatic surgery**
Prof Beat Gloor
Department of Visceral Surgery and Medicine, Inselspital, Bern
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- 17.10–17.40 **Importance of macronutrient quality in the perioperative setting**
Dr Kim-Anne Lê Bur
Nestlé Research
-
- 17.40–18.00 **Evaluation und farewell**
Prof Lia Bally, Prof Zeno Stanga
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Nutritional Medicine and Metabolism
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Credits

 <p>Schweizerischer Verband der Ernährungsberater/innen Association suisse des diététiciens-ne-s Associazione Svizzera delle-delle Dietiste-I</p> <p>SVDE: 4 points</p>	 <p>SGED: 5 credits</p>	 <p>SGAIM: 4 Credits</p>	 <p>Società Svizzera de Nutrition Clinique Gesellschaft für Klinische Ernährung der Schweiz Società Svizzera della Nutrizione Clinica</p> <p>0.25 ECTS-points for module 3 (special problems)</p>
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Sponsors

		
 <p>Ihr Labor - heute und morgen</p>	 <p>schnell, exakt, praxisnah.</p>	